

## FAC Trainingsplan 2024/25

Heim							
Auswärts							
Süssenbrunn							
Landhaus							
Sonstiges							
KW 42	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
	14.10.2024	15.10.2024	16.10.2024	17.10.2024	18.10.2024	19.10.2024	20.10.2024
KM					SW Bregenz 18:00		
Damen-KM							
AMA	19:30	19:30		19:30	17:00	Rapid Oberlaa 15:00	
U18 NWZ	Kraftkammer	20:00	Austria Wien 19:30		20:00		Hartberg 15:00
U18 WFV	20:00	19:30	TWL 19:30		20:00		
U16 NWZ	18:00	18:00	17:30	17:30			Hartberg 13:00
U16 WFV	18:00	18:00	17:30	17:30			TWL 16:30
U15	18:00	18:00		18:00	18:00	TWL 17:30	
U14	18:00	17:30		18:00	18:00		TWL 14:15
Individualtr.							
U14b - (U13)	16:30		16:30		15:00	TWL 11:30	
U13 - (U12)	16:30		16:30	16:30		SK Rapid 15:30	
U13-2 - (U12-2)						1210 Wien 13:30	
U12 - (U11)	16:30		LAC-Inter U12 16:45	16:30			SK Rapid 12:15
U12-2 - (U11-2)							Mauer 12:15
U11 - (U10)	16:30		16:00	16:30			SK Rapid 10:30
U11 -2 - (U10-2)							
U10 - (U9)	16:30			16:30	15:30	SK Rapid 10:00	
U10-2 - (U9-2)							
U9 - (U8)		16:30	18:00		15:30	SK Rapid 10:00	
U9-2 - (U8-2)							
U8 - (U7)		16:30		16:30			
U8-2 - (U7-2)							