

Heim		FAC Trainingsplan 2024/25					
Auswärts							
Süssenbrunn							
Landhaus							
Sonstiges							
KW 11	Montag 10.03.2025	Dienstag 11.03.2025	Mittwoch 12.03.2025	Donnerstag 13.03.2025	Freitag 14.03.2025	Samstag 15.03.2025	Sonntag 16.03.2025
KM					Lustenau 18:00		
Damen-KM							W. Innsbruck 11:30
AMA	19:30	19:30		19:30	16:30		Fortuna 05 16:00
U18 NWZ	19:00	19:30		19:30	18:00		Vienna 14:00
U18 WFV	20:00	20:00	20:00		20:00	Post SV 19:00	
U16 NWZ	Kraft	18:00	18:00	17:30	16:00-17:00		Vienna 12:00
U16 WFV	18:00	Kraft	18:00	17:30			Post SV 18:15
U15	18:00	18:00-19:00		18:00	18:00	Post SV 16:50	
U14	18:00	17:30		18:00	16:30		Post SV 14:00
Individualtr.							
U14b - (U13)	16:30		16:30		15:00		Post SV 16:00
U13 - (U12)	16:30		16:30	16:30		Donau 13:00	
U13-2 - (U12-2)						Erlaa Torpedo 12:00	
U12 - (U11)	16:30		16:30	16:30			
U12-2 - (U11-2)			Columbia 16:30				
U11 - (U10)	16:30	Donau 18:00	16:30	16:30			
U11 -2 - (U10-2)				Donau 18:00			
U10 - (U9)	16:30			16:30	16:00	Donau 10:00	
U10-2 - (U9-2)						Donau 10:00	
U9 - (U8)		16:30	16:30		15:00	Donau 09:00	
U9-2 - (U8-2)						Donau 09:00	
U8 - (U7)		16:30		16:30		Donau 09:00	
U8-2 - (U7-2)						Donau 09:00	